

Journal: What do you Believe?

Choose One

- Do you ever think about what it might be like to be laying on your death bed? True, the end of our life may come suddenly. But what if you had the opportunity to tell others what you believed in the moments before you died? What do you want to be able to say in those moments? For the next couple of minutes, take time to write a letter. Imagine that, like Paul, death is imminent for you. What do you want to say about your relationship with God? What has your relationship with Him meant to your life? Approach this thoughtfully and honestly. Write about it in your journal.
 - What is something you can do this week to live more faithfully? What is something you can STOP doing to be a more faithful follower of our Heavenly Father? Write about it.
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Journal: World Religions – Part 1

Choose One

- What do you think it looks like to be a totally respectful person to others with different religious beliefs? Write about it.
 - Choose one of the following Bible Verses about kindness or love. Look it up in your Bible and copy it into your journal. What does the verse mean to you? Write about it.
 - 1 John 3:11 1 John 3:23 2 John 1:5
 - Romans 12:10 Galatians 5:22 1 Corinthians 4:13
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Journal: World Religions – Part 2

Choose One

- What one thing are you going to do today to live your faith better? Write about it.
 - Think about the 5 religions you have learned about in the last few weeks. How have you changed since you have learned about what others believe? What have you learned about how to treat people of other faiths? Write about it.
 - How can we show God’s love to people who are different from us? Write about it.
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Journal: NAC Worldwide/Christian Missionary Work

Choose One

- Why do you think it is so hard today to get into the habit of serving people? Write about it.
 - What are some ways YOU can serve people...even today? Write about it.
 - If God asked you to do something that would not bring you notoriety, success, or wealth, how inclined would you be to do it? What should your motivation be to serve the Lord?
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Journal: Tolerance and Conformity

Choose One

- Which of God's laws do you think are pretty easy to follow? Which are hard? Write about it.
 - What can you do if you find yourself in a situation in which you are being pressured to do something you know is not right? Who can you turn to? Write about it.
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Journal: Community and Fellowship

Choose One

- If you could do anything for God knowing that you could not fail, what would you do? Write about it.
 - What do you dream about doing for God and His work that for some reason you haven't done yet? How can you make your dream a reality? What/Who do you need to help you? Write about it.
 - What (if anything) is stopping YOU from serving the Lord? Think about it first. Then write about it.
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Journal: Holidays and Special Services/Thanksgiving

Choose One

- Write a thank you letter to God. Talk to Him in your letter and tell Him what lives in your heart as you prepare for Thanksgiving.
 - Is it always easy to be thankful in your heart for what you have or something you received? Why do you think it is important to have a thankful heart? Write about it.
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Journal: Spiritual Habits: A Relationship with God

Choose One

- If God looked at your life today would He find a person who is stale in their relationship with Him, or fresh and active? Write about it.
 - How badly do you want to have a relationship with God? Enough to work at it? Write about it.
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Journal: Spiritual Habits: Studying the Bible (Part 1)

Choose One

- How much do you read the Bible? How do you think this affects your relationship with the Lord? Write about it.
 - Do you now feel the need to change your Bible study habits? Write about it.
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Journal: Spiritual Habits: Studying the Bible (Part 2)

Choose One

Teachers will need to provide the students with a Bible Verse to use (see Application to Real Life Section for complete instructions).

Students: read the passage 2-3 times and then write down in your journal the answers to the following questions:

- What is the Bible passage telling you to do? (What is the “take away” message?)
 - Was it hard to identify a take-away message like that? Why or why not?
 - Do you think this would be difficult to do after reading other verses in your Bible? Why or why not?
 - Will you make this practice a Spiritual Habit in your life, by asking "What should I do?" after spending time reading your Bible? Why or why not?
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Journal: Spiritual Habits: Prayer

Choose One

- What would a lifestyle of “prayer” look like in your day-to-day? Be specific. Write about it.
 - How might you find your attitude changing if you adopted a lifestyle of prayer? What kind of effect do you think it might have on your life? Write about it.
 - Consider your current schedule. Decide on a time each day that you can spend a few minutes in prayer with God. Commit to your “prayer time” with God each day for 30 days. Do you think you can do this task? Why or why not.
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Journal: Christmas

Choose One

- What are some ways that you think the spiritual gifts can bless others? Write about it.
 - Look over the list of spiritual gifts that you found with your class in the exercise. When you survey this list, do you see gifts you think you might have? Which ones? Think of at least one way you can use your gift to be a blessing to others. Write about it.
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