

### **Journal: The Sacraments**

A “sacrament” is a holy moment in which something happens to us spiritually and naturally. You may not remember when you were baptized or sealed, but certainly we all receive and experience Holy Communion on a regular basis. Write about how any one of the sacraments and learning about it more has brought you closer to God.

Describe in your own words what the sacraments do for us.

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**Journal: The Ministries of the Church of Christ**

What do you think are the three most important traits a minister should have? Use Galatians 5:22-23 to help you.

Is there a minister that you know of that you feel that you can talk to? What is it about them that makes you confident enough to talk to them? Write about it.

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**Journal: The Development and Spread of Christianity**

What kind of “things” has God provided for us to allow us to spread the gospel? Have you ever looked at it this way? Write about it.

What would you do to start making a change in your congregation? Would you start with yourself or start a program/activity or give advice? Why? Write about it.

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## **Journal: The Apostles of Jesus Christ**

In your own words, describe the Apostle ministry as demonstrated by what you have noticed and observed from your Apostle.

You found out what the responsibilities of an Apostle is from the lesson. Being as realistic as possible, what could the apostle ministry do for you? Write about it.

You know all the things and people an Apostle must serve. What could you do help him accomplish all his tasks? Write about it.

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## **Journal: Apostle Peter**

Have you ever been made fun of for any reason? Or have you been picked last for a team? Describe how you felt when someone treated you this way. If Jesus is our example, does it ever give us the right to treat others this way? Write about it.

Apostle Peter was chosen to be the foundation of His church. We all need a foundation to build on too. What can we do to build a strong spiritual foundation? What do you think you should start with? Prayer? Going to church? Why did you pick this? Write about it.

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We are asked to be “personal missionaries” which means that no matter where we go or what we do, we act, say, think, and do the things that Jesus would want us to do. How could you be more of a personal missionary? Write about it.

Take a moment and think about some of the distractions in your life – things that take away from your commitment to the Lord. Write down one or two and describe how you could overcome these.

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**Journal: Christ and His Congregation**

At a young age you might not completely realize your talents, but there are things that you like to do. Look around the congregation and see what people do or what might need to be done. What might you like to do to help your congregation? Write about it.

What do you like better, the explanation that Jesus is at the head of the congregation or at the center of the congregation? Explain.

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